

MAY 2017



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Happy  
Spring!



## SERVING PEOPLE WITH A DISABILITY

### The Growth Opportunities (GO) Program offers:

- Career counselling
- Vocational assessments
- Help with applications for government funded training for eligible clients;
- Job search and interview coaching and support;
- Assistance with resume and cover letter development.

### ODSP Employment Supports provides:

- Service for individuals who are approved by ODSP to participate in the Employment Supports Program;
- Assistance with developing a plan to achieve employment goals ;
- Guidance for employers and employees to increase job satisfaction and retention;
- Access to local job leads;
- Job coaching and ongoing support.

### Ontario Labour Market

The job market is always changing. When you know about job trends in Ontario such as what jobs will be needed tomorrow, the skills and training needed to get them and the facts on the job market, you can plan your career today.

- There were 11.6 million people in Ontario aged 15 years or older.
- 7.6 million (65%) were either working or actively looking for work.
- 7.1 million people were employed and 81% of them had a full time job.
- Ontario gained 4,600 net new jobs in February, following a 28,800 increase in January.
- Full-time employment increased (+53,200) and part-time employment declined (-48,600).
- Employment has increased seven months in a row.
- Youth employment (ages 15 to 24 years) increased in February (+7,500) following a decrease of 3,400 jobs in January.
- People ages 25 to 54 years recorded job losses (-4,400) and individuals aged 55 and older recorded job gains (+4,800).

For Canada overall, employment rose by 15,300 jobs in February, following a 48,300 gain in January. Ontario's unemployment rate was 6.2%, with 469,200 people unemployed.

Sources: <http://www.tcu.gov.on.ca/eng/labourmarket/currenttrends/docs/monthly/201702.html>

### JOIN OUR CONTEST

**Refer a friend by June 30th and if they are eligible for our services your name will be entered in a draw for a \$50.00 gift card.**

**Draw will be held July 30, 2017.**

### SUCCESS STORY

In February 2017 Meta was contacted by someone who had been job searching for over a year. He had marketable skills however was not succeeding in his job search. After meeting with him and identifying a vocational goal Meta's Job Developer began contacting employers. One of the employers reviewed his resume and arranged for an interview and although very nervous the individual was successful in marketing himself. The employer decided he was a good match with the company and within a week



# What's Happening at META in May

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 Career Transitions Workshop	16 Career Transitions Workshop	17 Career Transitions Workshop	18	19	20
21	22 CLOSED  Victoria Day	23	24 Training Preparation Workshop	25	26	27
28	29 Job Search Workshop	30 Job Search Workshop	31 Job Search Workshop	1 Job Search Workshop		

View our calendar online at: [www.metavocational.com](http://www.metavocational.com)

## Insight in Durham

Beginning on Jan. 1, 2018 all children and youth 24 or younger will be able to get their prescription medications for free by simply showing their Ontario health card number and a prescription.

OHIP+: Children and Youth Pharmacare — the first of its kind in Canada — is a \$465-million investment and was announced as part of the Ontario 2017 balanced budget.

"This investment in the future generations of Pickering-Scarborough East will make life more affordable for families and ensure that parents can offer their kids a healthy start in life," said Pickering-Scarborough East MPP Tracy MacCharles.

She said coverage will be automatic with no upfront costs, at an announcement at Shoppers Drug Mart on Williamson Drive West in Ajax on April 28.

"I think it's a big win for the community, not only this community, for all over," said Anuj Bhalla, owner of the Shoppers Drug Mart.

Durham MPP Granville Anderson said this will fill the gap many young adults experience when they are no longer covered by their parents' medical benefits, but have not yet found a job where they get their own coverage.

"I've had constituents tell me about the financial obstacles they've faced in accessing prescription drugs, and the new (program) will help to alleviate some of those worries," he said.

## Job Search Workshop

Learn how to create a resume to market your skills and experiences; learn how to create a cover letter and thank you letter. Increase your confidence with our interview skills preparation where you will be asked real interview questions that match your job goal.

## Career Transitions Workshop

This workshop will assist individuals who need to change their career due to a disability, lay-off or job loss. This hands-on- workshop includes career exploration activities that will help you make a realistic career decision.

## Training Preparation Workshop

This workshop assists people who are applying for Second Career funding. Instructions are provided to help you complete your research. A training package will be provided for you to complete your research and financial forms that is required with your application.

**Please note:** These workshops are open to registered META clients. A referral from your META Counsellor is required to participate in these work-



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